

2024

# OCTOBER

## Loranger Memorial School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Daily Options

Assorted Cereal  
100% Fruit Juice

1

**Mini Cinnamon Pancakes**  
Applesauce Cups

2

**Pumpkin Bread**  
Apple Slices

3

**French Toast Sticks**  
Diced Peaches

4

**McCain Early Risers**  
(hashbrowns filled with egg, cheese,  
& bacon)  
Mixed Fruit

7

**Mini Maple Waffles**  
Pineapple Tidbits

8

**Chicken Sausage, Egg, & Cheese  
Breakfast Sandwich**  
Diced Pears

9

**Lemon Bread**  
Apple Slices

10

**Blueberry Muffins**  
Diced Peaches

11

**No School**  
Teacher Workshop Day

14

**Indigenous Peoples Day**

15

**Banana Chocolate Chip  
Breakfast Bars**  
Diced Pears

16

**Corn Muffins**  
Apple Slices

17

**Breakfast Pizza**  
Diced Peaches

18

**Pancake Wrapped Turkey Sausage**  
Mixed Fruit

21

**Apple Cinnamon Muffins**  
Pineapple Tidbits

22

**Chicken Sausage & Waffle  
Breakfast Sandwiches**  
Diced Pears

23

**Bagel & Cream Cheese**  
Apple Slices

24

**Breakfast Fruit & Yogurt Parfaits  
with Homemade Granola**

25

**Banana Bread**  
Mixed Fruit

28

**Nature Valley Apple  
Cinnamon Round**  
Mandarin Oranges

29

**Breakfast Sandwich on a  
Waffle Flatbread**  
Diced Pears

30

**Mini Cinnis**  
Apple Slices

31

**Egg & Cheese Breakfast Burrito**  
Diced Peaches

2024

# OCTOBER

## Loranger Memorial School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily Options</b> Chicken Patty Sandwiches Yogurt Snack Packs Apples Carrots	<b>1</b> <b>Chicken &amp; Waffles</b> Steamed Corn Grapes	<b>2</b> <b>Early Release Day</b> <b>Bosco Sticks</b> Carrots Apples	<b>3</b> <b>Meatballs and Whole Grain Ziti</b> <b>Breadstick</b> Roasted Green Beans Mixed Fruit	<b>4</b> <b>Chicken Nuggets</b> <b>Garlic Toast</b> Steamed Broccoli Diced Pears
<b>7</b> <b>Hot Dogs</b> Baked Beans Cantaloupe	<b>8</b> <b>Popcorn Chicken Bowls</b> (popcorn chicken, mashed potatoes, corn, & gravy with a whole grain biscuit) Green Pepper Slices Bananas	<b>9</b> <b>Garlic Parmesan Flatbreads</b> Steamed Peas Strawberries	<b>10</b> <b>Brunch for Lunch!</b> <b>French Toast Sticks with Chicken Sausage or Cheese Omelets</b> Hash Browns Orange Slices	<b>11</b> <b>No School</b> Teacher Workshop Day
<b>14</b> <b>Indigenous Peoples Day</b>	<b>15</b> <b>Orange Chicken with Fried Rice</b> Steamed Carrots Mandarin Oranges	<b>16</b> <b>Cheese Tortellini</b> <b>Garlic Knot</b> Caesar Salad Mixed Fruit	<b>17</b> <b>Cheeseburgers or Hamburgers</b> Baked McCain French Fries Grapes	<b>18</b> <b>School-Made Pizza using Maine's Good Crust Dough</b> Parmesan Zucchini Pineapple Tidbits
<b>21</b> <b>Mozzarella Sticks</b> Marinara Roasted Ranch Broccoli Diced Pears	<b>22</b> <b>Taco Tuesday!</b> <b>Ground Beef Tacos</b> <b>Brown Rice</b> Refried Beans Honeydew Melon	<b>23</b> <b>Grilled Cheese</b> Tomato Soup Bananas	<b>24</b> <b>Homemade Chicken Alfredo</b> <b>Garlic Toast</b> Cucumber Slices Diced Peaches	<b>25</b> <b>Chicken Drumsticks</b> <b>Dinner Rolls</b> Mashed Potatoes Orange Slices
<b>28</b> <b>Lasagna Roll Ups</b> <b>Garlic Knots</b> Red Pepper Slices Warm Cinnamon Apples	<b>29</b> <b>Chicken Quesadillas</b> Black Bean Salad Applesauce Cups	<b>30</b> <b>Macaroni &amp; Cheese</b> <b>Breadsticks</b> Buffalo Cauliflower Mixed Fruit	<b>31</b> <b>Chicken Parmesan</b> <b>Whole Wheat Ziti</b> Side Salad Watermelon <b>**Free Halloween Treat with School Lunches**</b>	<b>Entrée Salad Rotation</b> <b>Monday-</b> Chicken Caesar <b>Tuesday-</b> Ranch Chicken BLT <b>Wednesday-</b> Buffalo Chicken <b>Thursday-</b> Chef's Salad <b>Friday-</b> Autumn Salad