

2024 OCTOBER

Jameson Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily Options

Assorted Cereal
100% Fruit Juice

1

Mini Cinnamon Pancakes
Applesauce Cups

2

Pumpkin Bread
Apple Slices

3

French Toast Sticks
Diced Peaches

4

McCain Early Risers
(hashbrowns filled with egg, cheese,
& bacon)
Mixed Fruit

7

Mini Maple Waffles
Pineapple Tidbits

8

**Chicken Sausage, Egg, & Cheese
Breakfast Sandwich**
Diced Pears

9

Lemon Bread
Apple Slices

10

Blueberry Muffins
Diced Peaches

11

No School
Teacher Workshop Day

14

Indigenous Peoples Day

15

**Banana Chocolate Chip
Breakfast Bars**
Diced Pears

16

Corn Muffins
Apple Slices

17

Breakfast Pizza
Diced Peaches

18

Pancake Wrapped Turkey Sausage
Mixed Fruit

21

Apple Cinnamon Muffins
Pineapple Tidbits

22

**Chicken Sausage & Waffle
Breakfast Sandwiches**
Diced Pears

23

Bagel & Cream Cheese
Apple Slices

24

**Breakfast Fruit & Yogurt Parfaits
with Homemade Granola**

25

Banana Bread
Mixed Fruit

28

**Nature Valley Apple
Cinnamon Round**
Mandarin Oranges

29

**Breakfast Sandwich on a
Waffle Flatbread**
Diced Pears

30

Mini Cinnis
Apple Slices

31

Mini Blueberry Pancakes
Diced Peaches

2024 OCTOBER

Jameson Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily Options

Sunbutter & Jelly Sandwiches
Yogurt Snack Packs
Apples
Carrots

1

Chicken & Waffles
Steamed Corn
Grapes

2

Early Release Day
Bosco Sticks
Carrots
Apples

3

Meatballs and Whole Grain Ziti
Breadstick
Roasted Green Beans
Mixed Fruit

4

Chicken Nuggets
Garlic Toast
Steamed Broccoli
Diced Pears

7

Hot Dogs
Baked Beans
Cantaloupe

8

Popcorn Chicken
Whole Grain Biscuit
Mashed Potatoes
Green Pepper Slices
Bananas

9

Garlic Parmesan Flatbreads
Steamed Peas
Strawberries

10

Brunch for Lunch!
French Toast Sticks with Chicken
Sausage or Cheese Omelets
Hash Browns
Orange Slices

11

No School
Teacher Workshop Day

14

Indigenous Peoples Day

15

Orange Chicken with Fried Rice
Steamed Carrots
Mandarin Oranges

16

Cheese Tortellini
Garlic Knot
Caesar Salad
Mixed Fruit

17

Cheeseburgers or Hamburgers
Baked McCain French Fries
Grapes

18

School-Made Pizza using Maine's
Good Crust Dough
Parmesan Zucchini
Pineapple Tidbits

21

Mozzarella Sticks
Marinara
Roasted Ranch Broccoli
Diced Pears

22

Taco Tuesday!
Ground Beef Tacos
Brown Rice
Refried Beans
Honeydew Melon

23

Grilled Cheese
Tomato Soup
Bananas

24

Homemade Chicken Alfredo
Garlic Toast
Cucumber Slices
Diced Peaches

25

Chicken Drumsticks
Dinner Rolls
Mashed Potatoes
Orange Slices

28

Lasagna Roll Ups
Garlic Knots
Red Pepper Slices
Warm Cinnamon Apples

29

Chicken Patty Sandwiches
Baked Beans
Applesauce Cups

30

Macaroni & Cheese
Breadsticks
Roasted Cauliflower
Mixed Fruit

31

Chicken Parmesan
Whole Wheat Ziti
Side Salad
Watermelon
****Free Halloween Treat with**
School Lunches**