

- 2024 -

# JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Old Orchard Beach High School

### Daily Options

Cereal  
Assorted 100% Juice  
Chocolate Milk  
1% Milk

1

Happy New Year!  
No School

2

Sausage or Bacon,  
Egg, and Cheese  
Breakfast Sandwich  
Diced Pears

3

Pancake Wrapped  
Sausage  
Apple Slices

4

Cinnamon Buns  
Pineapple Tidbits

5

French Toast Sticks  
Diced Peaches

8

Assorted Muffins  
Applesauce

9

Sausage or Bacon,  
Egg, and Cheese  
Breakfast Sandwich  
Diced Pears

10

Pancake Wrapped  
Sausage  
Apple Slices

11

Cinnamon Buns  
Pineapple Tidbits

12

French Toast Sticks  
Diced Peaches

15

MLK Day  
No School

16

Sausage or Bacon,  
Egg, and Cheese  
Breakfast Sandwich  
Diced Pears

17

Pancake Wrapped  
Sausage  
Apple Slices

18

Cinnamon Buns  
Pineapple Tidbits

19

French Toast Sticks  
Diced Peaches

22

Assorted Muffins  
Applesauce

23

Sausage or Bacon,  
Egg, and Cheese  
Breakfast Sandwich  
Diced Pears

24

Pancake Wrapped  
Sausage  
Apple Slices

25

Cinnamon Buns  
Pineapple Tidbits

26

French Toast Sticks  
Diced Peaches

29

Assorted Muffins  
Applesauce

30

Sausage or Bacon,  
Egg, and Cheese  
Breakfast Sandwich  
Diced Pears

31

Pancake Wrapped  
Sausage  
Apple Slices

- 2024 -

# JANUARY

MONDAY

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## Old Orchard Beach High School

### Daily Options

Chicken Patty  
Yogurt Snack Pack  
Anytimer Pizza Kits  
Apples  
Baby Carrots

### Entree Salad Rotation

**Monday:** Chicken Caesar

**Tuesday:** Ranch BLT

**Wednesday:** Buffalo Chicken

**Thursday:** Sweet Thai Chili Chicken Salad  
*Sweet Thai Chili Chicken, Shredded Carrots,  
Red Cabbage, and Mandarin Oranges over  
Lettuce with Crunchy Noodles and a Sweet  
Thai Chili Dressing*

**Friday:** Harvest Salad

*Grilled Chicken, Romaine, Craisins, Red  
Onion, Feta, Bacon*

1

**Happy New Year!**  
**No School**

2

**Chicken Drumsticks**  
Breadsticks  
Steamed Corn  
Diced Peaches

3

**Cornbread Bowls  
with Chili**  
Side Salad  
Grapes

4

**Chicken & Waffles**  
Roasted Maine  
Delicata Squash  
Bananas

5

**Pizza Day!**  
Cucumbers  
Diced Pears

8

**Garlic Parmesan  
Flatbread**  
Roasted Ranch  
Broccoli  
Applesauce Cups

9

**Burger Day!**  
**Cheeseburger or  
Hamburger**  
Baked Beans  
Pineapple Tidbits

10

**Early Release Day**  
**Bosco Sticks**  
Marinara  
Carrots  
Apples

11

**Brunch for Lunch!**  
**Cheese Omelet or  
Chicken Sausage with  
French Toast Sticks**  
Hash Browns  
Cantaloupe

12

**Chicken Parmesan**  
Whole Grain Pasta  
Roasted Green Beans  
Mixed Fruit

15

**MLK Day**  
**No School**

16

**Beef & Broccoli**  
Lo Mein  
Steamed Broccoli  
Watermelon

17

**Popcorn Chicken**  
Soft Pretzel  
Buffalo Cauliflower  
Diced Pears

18

**Taco Day!**  
**Ground Beef Tacos**  
Brown Rice  
Side Salad  
Bananas

19

**BBQ Chicken**  
Cornbread  
Mashed Potatoes  
Blueberry Crisp

22

**General Tso's Chicken**  
Fried Rice  
Green Pepper Slices  
Clementines

23

**Pulled Pork Sliders**  
Baked Beans  
Honeydew Melon

24

**Cheese Tortellini**  
Garlic Toast  
Steamed Broccoli  
Pineapple Tidbits

25

**Chicken Quesadillas**  
Fiesta Lime Corn  
Sliced Peaches

26

**Chicken Nuggets**  
Dinner Roll  
Red Pepper Slices  
Mandarin Oranges

29

**Meatball Sub**  
Baked French Fries  
Cantaloupe

30

**Homemade Chicken  
Alfredo**  
Breadstick  
Parmesan Zucchini  
Mixed Fruit

31

**Mozzarella Sticks**  
Marinara  
Roasted Broccoli  
Strawberry Cups