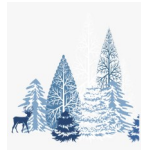
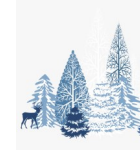


Available Daily:  
 -Yogurt & Cheese      -Baby Carrots  
 Stick with Homemade - Pizza  
 Granola  
 -Chicken Patty Sandwich





# Old Orchard Beach High School



## December Lunch Menu

Milks Choices:  
 1% Milk  
 Skim Milk  
 Chocolate Milk

<b>December's Harvest of the Month is Maine Winter Squash</b>					<b>1</b> Cheeseburger or Hamburger Side Salad Pineapple Tidbits	<b>2</b> Chicken Tenders Garlic Toast Roasted Carrots Orange Slices
<b>5</b> Hot Dogs Baked Beans Cantaloupe Slices	<b>6</b> Chicken & Waffles Green Pepper Slices Mixed Fruit	<b>7 EARLY RELEASE</b> Bosco Sticks with Marinara Baby Carrots Apples	<b>8 BRUNCH FOR LUNCH</b> Cheese Omelet or Turkey Sausage with French Toast Sticks Hash Brown Rounds Orange Slices	<b>9</b> Big Daddy's Pizza Roasted Broccoli Diced Pears		
<b>12</b> Ham & Cheese Croissants Baked Sweet Potato Fries Honeydew Melon	<b>13</b> Lasagna Roll-Ups Garlic Knots <b>Chef David's Chicken</b> <b>Bacon Ranch Wrap</b>  Side Salad Diced Pears	<b>14</b> Chicken Quesadilla Black Bean Salad Grapes	<b>15</b> Meatball Subs Garlic Roasted Green Beans Diced Peaches	<b>16</b> Chicken Nuggets with Cheesy Breadstick Cucumbers Bananas		
<b>19</b> Baked Mozzarella Sticks with Marinara Red Pepper Slices Orange Slices	<b>20 TACO DAY</b> Ground Beef Taco Brown Rice Refried Beans Apples	<b>21</b> Orange Chicken with Fried Rice Steamed Broccoli Diced Peaches <i>*Holiday Treat with Meal*</i>	<b>22</b> Macaroni & Cheese Dinner Roll Steamed Peas Mixed Fruit	<b>23</b> No School		



# Winter Break

## See you in 2023!



This institution is an equal opportunity  
 Provider.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar Salad	Ranch Chicken BLT Salad	Buffalo Chicken Salad	Greek Salad	Harvest Salad

Menu is subject to change.

# Old Orchard Beach High School

## December Breakfast Menu

Available Daily:  
-Assorted Cereal with Cheese Stick



Milks Choices:  
1% Milk  
Chocolate Milk  
(selections may vary by day)

<p><b>Did you know?</b></p> <p>All school breakfast cereals are specially formulated to be at least 25% less sugar than those sold in stores and they are made with whole grains!</p>			<p><b>1</b> Cinnamon Buns 100% Fruit Juice</p>	<p><b>2</b> French Toast Sticks Applesauce</p>
<p><b>5</b> Assorted Muffins Applesauce</p>	<p><b>6</b> Sausage or Bacon, Egg, and Cheese Breakfast Sandwich 100% Fruit Juice</p>	<p><b>7</b> Pancake Wrapped Turkey Sausage Applesauce</p>	<p><b>8</b> Cinnamon Buns 100% Fruit Juice</p>	<p><b>9</b> French Toast Sticks Applesauce</p>
<p><b>12</b> Assorted Muffins Applesauce</p>	<p><b>13</b> Sausage or Bacon, Egg, and Cheese Breakfast Sandwich 100% Fruit Juice</p>	<p><b>14</b> Pancake Wrapped Turkey Sausage Applesauce</p>	<p><b>15</b> Cinnamon Buns 100% Fruit Juice</p>	<p><b>16</b> French Toast Sticks Applesauce</p>
<p><b>19</b> Assorted Muffins Applesauce</p>	<p><b>20</b> Sausage or Bacon, Egg, and Cheese Breakfast Sandwich 100% Fruit Juice</p>	<p><b>21</b> Pancake Wrapped Turkey Sausage Applesauce</p>	<p><b>22</b> Cinnamon Buns 100% Fruit Juice</p>	<p><b>23</b>  No School</p>



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Menu is subject to change.