

Available Daily:
 -Yogurt & Cheese -Baby Carrots
 Stick with Homemade
 Granola
 -Chicken Patty Sandwich





Loranger Memorial School

August/September Lunch Menu



Milks Choices:
 1% Milk
 Skim Milk
 Chocolate Milk

September's Harvest of the Month is Maine Tomatoes 		31 Welcome Back! Chicken Patty Sandwiches Steamed Broccoli Watermelon	1 Cheese Bites with Marinara Cucumbers Diced Peaches	2 No School- Enjoy the Long Weekend!
5 	6 Chicken & Waffles Green Pepper Slices Mixed Fruit	7 Chicken or Cheese Quesadilla with School- Made Salsa w Maine Tomatoes Black Bean Salad Strawberries 	8 BRUNCH FOR LUNCH Cheese Omelet or Turkey Sausage with French Toast Sticks Hash Brown Rounds Orange Slices	9 Big Daddy's Pizza Roasted Broccoli Diced Pears
12 Chicken Drumsticks Biscuit Baked Beans Grapes	13 Lasagna Roll-Ups Garlic Knots Side Salad w Maine Tomatoes Bananas 	14 EARLY RELEASE Bosco Sticks with Marinara Baby Carrots Apples	15 Meatball Subs Garlic Roasted Green Beans Diced Peaches	16 Chicken Nuggets with Cheesy Breadstick Steamed Peas Sliced Watermelon
19 Baked Mozzarella Sticks with Marinara Red Pepper Slices Mixed Fruit	20 Hot Dogs Baked French Fries Sliced Honeydew Melon	21 Popcorn Chicken Soft Pretzel Green Pepper Slices Orange Slices	22 TACO DAY Ground Beef Taco Brown Rice Refried Beans Apples	23 Garlic Parmesan Flatbread Fresh Broccoli w/ Dip Grapes
26 Grilled Cheese Tomato Soup Cantaloupe	27 Macaroni & Cheese Dinner Roll Rosemary Roasted Cauliflower Mixed Fruit	28 Chicken Tenders Garlic Toast Mashed Potatoes Fresh Peaches	29 Cheeseburger or Hamburger Roasted Chickpeas Orange Slices	30 Orange Chicken with Fried Rice Steamed Broccoli Diced Peaches

This institution is an equal opportunity
 employer.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar Salad	Ranch Chicken BLT Salad	Buffalo Chicken Salad	Chef's Salad	Harvest Salad

Menu is subject to change.

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August/September Breakfast Menu

Available Daily:
-Assorted Cereal with Cheese



Milks Choices:
1% Milk
Skim Milk

<p>Follow us on Facebook at RSU 23 Food & Nutrition Services</p> 		<p>31 Blueberry Muffins Applesauce</p>	<p>1 Bagel and Cream Cheese 100% Fruit Juice</p>	<p>2 No School- Enjoy the Long Weekend!</p>
<p>5 </p>	<p>6 Banana Bread Diced Pears</p>	<p>7 Breakfast Pizza 100% Fruit Juice</p>	<p>8 Banana Chocolate Chip Breakfast Bars Diced Peaches</p>	<p>9 Apple Cinnamon Muffin 100% Fruit Juice</p>
<p>12 Blueberry Muffin Flat 100% Fruit Juice</p>	<p>13 French Toast Sticks Applesauce</p>	<p>14 Sausage, Egg, & Cheese Breakfast Sandwich 100% Fruit Juice</p>	<p>15 UBR Breakfast Bar Apple Slices</p>	<p>16 Mini Cinnis Diced Peaches</p>
<p>19 Corn Muffins 100% Fruit Juice</p>	<p>20 Whole Grain Cinnamon Scone Clementines</p>	<p>21 Banana Muffin Flat Apple Slices</p>	<p>22 Cinnamon Raisin Bagel and Cream Cheese Diced Peaches</p>	<p>23 Egg & Cheese Breakfast Sandwich on a Waffle Flatbread 100% Fruit Juice</p>
<p>26 Pumpkin Bread 100% Fruit Juice</p>	<p>27 Mini Maple Waffles Applesauce</p>	<p>28 Blueberry Muffins Strawberries</p>	<p>29 Bagel and Cream Cheese Apple Slices</p>	<p>30 Waffle & Chicken Sausage Breakfast Sandwich 100% Fruit Juice</p>

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