

Available Daily:  
 -Yogurt & Cheese -Baby Carrots  
 Stick with Homemade  
 Granola  
 -Sunbutter & Jelly








# Jameson Elementary School

## August/September Lunch Menu



Milks Choices:  
 1% Milk  
 Skim Milk  
 Chocolate Milk

<p>September's Harvest of the Month is   <b>Maine Tomatoes</b></p>		<p>31 Welcome Back 1st &amp; 2nd Grade!          Chicken Patty Sandwiches          Steamed Broccoli          Watermelon</p>	<p>1          Cheese Bites with          Marinara          Cucumbers          Diced Peaches</p>	<p>2          No School-          Enjoy the Long Weekend!</p>
<p>5  </p>	<p>6          Chicken &amp; Waffles          Green Pepper Slices          Mixed Fruit</p>	<p>7          Chicken or Cheese          Quesadilla with School-          Made Salsa w Maine Tomatoes          Black Bean Salad          Strawberries</p> 	<p>8 BRUNCH FOR LUNCH          Cheese Omelet or Turkey          Sausage with French          Toast Sticks          Hash Brown Rounds          Orange Slices</p>	<p>9          Big Daddy's Pizza          Roasted Broccoli          Diced Pears</p>
<p>12 Welcome Pre-K &amp; K!          Chicken Tenders          Biscuit          Baked Beans          Grapes</p>	<p>13          Cheese Ravioli          Garlic Knots          Side Salad w Maine Tomatoes          Bananas</p>  	<p>14 EARLY RELEASE          Bosco Sticks with          Marinara          Baby Carrots          Apples</p>	<p>15          Meatball Subs          Garlic Roasted Green          Beans          Diced Peaches</p>	<p>16          Chicken Nuggets with          Cheesy Breadstick          Steamed Peas          Sliced Watermelon</p>
<p>19          Baked Mozzarella Sticks          with Marinara          Red Pepper Slices          Mixed Fruit</p>	<p>20          Hot Dogs          Baked French Fries          Sliced Honeydew Melon</p>	<p>21          Popcorn Chicken          Soft Pretzel          Green Pepper Slices          Orange Slices</p>	<p>22 TACO DAY          Ground Beef Taco          Brown Rice          Refried Beans          Apples</p>	<p>23          Garlic Parmesan Flatbread          Fresh Broccoli w/ Dip          Grapes</p>
<p>26          Grilled Cheese          Tomato Soup          Cantaloupe</p>	<p>27          Macaroni &amp; Cheese          Dinner Roll          Roasted Cauliflower          Mixed Fruit</p>	<p>28          Chicken Patty Sandwiches          Mashed Potatoes          Fresh Peaches</p>	<p>29          Spaghetti &amp; Meatballs          Steamed Broccoli          Diced Peaches</p>	<p>30          Cheeseburger or          Hamburger          Roasted Chickpeas          Orange Slices</p>

This institution is an equal opportunity  
 employer.

Menu is subject to change.

Available Daily:  
-Assorted Cereal with Cheese




# Jameson Elementary School

## August/September Breakfast Menu



Milks Choices:  
1% Milk  
Skim Milk

<p>Follow us on Facebook at RSU 23 Food &amp; Nutrition Services</p> 		<p>31 Blueberry Muffins Applesauce</p>	<p>1 Bagel and Cream Cheese 100% Fruit Juice</p>	<p>2 No School- Enjoy the Long Weekend!</p>
<p>5</p> 	<p>6 Banana Bread Diced Pears</p>	<p>7 Breakfast Pizza 100% Fruit Juice</p>	<p>8 Banana Chocolate Chip Breakfast Bars Diced Peaches</p>	<p>9 Apple Cinnamon Muffin 100% Fruit Juice</p>
<p>12 Blueberry Muffin Flat 100% Fruit Juice</p>	<p>13 French Toast Sticks Applesauce</p>	<p>14 Sausage, Egg, &amp; Cheese Breakfast Sandwich 100% Fruit Juice</p>	<p>15 UBR Breakfast Bar Apple Slices</p>	<p>16 Mini Cinnis Diced Peaches</p>
<p>19 Corn Muffins 100% Fruit Juice</p>	<p>20 Whole Grain Cinnamon Scone Clementines</p>	<p>21 Banana Muffin Flat Apple Slices</p>	<p>22 Cinnamon Raisin Bagel and Cream Cheese Diced Peaches</p>	<p>23 Egg &amp; Cheese Breakfast Sandwich on a Waffle Flatbread 100% Fruit Juice</p>
<p>26 Pumpkin Bread 100% Fruit Juice</p>	<p>27 Mini Maple Waffles Applesauce</p>	<p>28 Blueberry Muffins Strawberries</p>	<p>29 Bagel and Cream Cheese Apple Slices</p>	<p>30 Waffle &amp; Chicken Sausage Breakfast Sandwich 100% Fruit Juice</p>

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