

Available Daily:
 -Yogurt & Cheese
 -Baby Carrots
 Stick with Homemade
 Granola
 -Chicken Patty Sandwich



Old Orchard Beach High School



Milks Choices:
 1% Milk
 Skim Milk
 Chocolate Milk

June Lunch Menu

		1 Orange Chicken with Fried Rice Steamed Broccoli Diced Peaches	2 BRUNCH FOR LUNCH Cheese Omelet or Turkey Sausage with French Toast Sticks Hash Brown Rounds Orange Slices	3 Chicken Tenders Garlic Knot Roasted Carrots Fresh Strawberries
6 Grilled Cheese Tomato Soup Cantaloupe	7 Hamburgers or Cheeseburgers Fiesta Lime Corn Watermelon Slices	8 Big Daddy's Pizza Roasted Broccoli Diced Pears	9 Chicken & Waffles Baked Beans Green Pepper Slices Mixed Fruit	10 EARLY RELEASE Make Your Own Pizza Kit Assorted Vegetables Assorted Fruits *no salads today*

Have a GREAT summer!

We will be providing meals all summer long on weekdays starting **June 21st** and continuing through **August 12** in the **Loranger Memorial School gym** between **11:30am-12:00pm**. Unlike the last few years, these meals are required to be eaten on-site per USDA regulations

Follow us at **RSU 23 Food and Nutrition Services** on Facebook for meal updates and menus.
 Email ctrinder@rsu23.org with any questions.

We are excited meals will be free again next year for ALL students, but we still need your help filling out Free & Reduced meal applications on the district website starting July 1. *These applications help the entire district receive extra educational funding used in each and every classroom.*



June's Harvest of the Month is
 Maine Leafy Greens featured in our
 Entrée Salads



This institution is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar Salad	Ranch Chicken BLT Salad	Buffalo Chicken Salad	Chef's Salad	Harvest Salad

Menu is subject to change.

Available Daily:
-Assorted Cereal with Cheese



Old Orchard Beach High School



Milks Choices:
1% Milk
Skim Milk

June Breakfast Menu

		1 Pancake Wrapped Sausage Diced Pears	2 Bagel and Cream Cheese Apple Slices	3 Waffle and Chicken Sausage Breakfast Sandwich 100% Fruit Juice
6 Blueberry Muffin Flat Diced Pears	7 Banana Bread Sliced Apples	8 Breakfast Pizza 100% Fruit Juice	9 Banana Chocolate Chip Breakfast Bars Diced Peaches	10 Apple Cinnamon Muffin 100% Fruit Juice



Follow us on Facebook at
RSU 23 Food & Nutrition Services
for menus and updates
for next school year.

Have a great summer!