

Available Daily:
 -Yogurt & Cheese -Baby Carrots
 Stick with Homemade
 Granola
 -Chicken Patty Sandwich







Old Orchard Beach High School



Milks Choices:
 1% Milk
 Skim Milk
 Chocolate Milk

May Lunch Menu

<p>2 Ham & Cheddar Melt on a Croissant Side Salad Cantaloupe</p>	<p>3 Cheeseburger or Hamburger Roasted Chickpeas Orange Slices</p>	<p>4 EARLY RELEASE Bosco Sticks with Marinara Baby Carrots Apples</p>	<p>5 Meatball Subs Garlic Roasted Green Beans Maine Blueberry Crisp</p> 	<p>6 Chicken Tenders Garlic Knot Mashed Potatoes Fresh Broccoli & Dip Fresh Peaches</p>
<p>9 Grilled Cheese Tomato Soup Cantaloupe</p>	<p>10 Chicken or Cheese Quesadilla Fiesta Lime Corn Strawberries</p>	<p>11 Chicken & Waffles Baked Beans Green Pepper Slices Mixed Fruit</p>	<p>12 BRUNCH FOR LUNCH Cheese Omelet or Turkey Sausage with French Toast Sticks Hash Brown Rounds Orange Slices</p>	<p>13 Big Daddy's Pizza Roasted Broccoli Diced Pears</p>
<p>16 Chicken Drumsticks Biscuit Baked Beans Grapes</p>	<p>17 Lasagna Roll-Ups Garlic Knots Sweet Steamed Carrots Bananas</p>	<p>18 Orange Chicken with Fried Rice Steamed Broccoli Diced Peaches</p>	<p>19 Cheese Bites with Marinara Cucumbers Warm Cinnamon Apples</p>	<p>20 Chicken Nuggets with Cheesy Breadstick Roasted Carrots Sliced Watermelon</p>
<p>23 Baked Mozzarella Sticks with Marinara Red Pepper Slices Mixed Fruit</p>	<p>24 Hot Dogs Baked Sweet Potato Fries Sliced Honeydew Melon</p>	<p>25 Popcorn Chicken Soft Pretzel Peas Orange Slices</p>	<p>26 TACO DAY Ground Beef Taco Brown Rice Refried Beans Apples</p>	<p>27 Garlic Parmesan Flatbread Fresh Broccoli w/ Dip Grapes</p>
<p>30</p> 	<p>31 Macaroni & Cheese Dinner Roll Rosemary Roasted Cauliflower Mixed Fruit</p>	 <p>Maine's Harvest of the Month is Maine Blueberries</p> 		

This institution is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar Salad	Ranch Chicken BLT Salad	Buffalo Chicken Salad	Chef's Salad	Harvest Salad

Menu is subject to change.

Available Daily:
-Assorted Cereal with Cheese





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Milks Choices:
1% Milk
Chocolate Milk

May Breakfast Menu

2 Cinnamon Rolls 100% Fruit Juice	3 Sausage, Egg, & Cheese Breakfast Sandwich Applesauce	4 Sausage, Egg, & Cheese Tornados 100% Fruit Juice	5 Bagel and Cream Cheese Apple Slices	6 French Toast Sticks 100% Fruit Juice
9 Cinnamon Rolls 100% Fruit Juice	10 Sausage, Egg, & Cheese Breakfast Sandwich Applesauce	11 Sausage, Egg, & Cheese Tornados 100% Fruit Juice	12 Bagel and Cream Cheese Apple Slices	13 French Toast Sticks 100% Fruit Juice
16 Cinnamon Rolls 100% Fruit Juice	17 Sausage, Egg, & Cheese Breakfast Sandwich Applesauce	18 Sausage, Egg, & Cheese Tornados 100% Fruit Juice	19 Bagel and Cream Cheese Apple Slices	20 French Toast Sticks 100% Fruit Juice
23 Cinnamon Rolls 100% Fruit Juice	24 Sausage, Egg, & Cheese Breakfast Sandwich Applesauce	25 Sausage, Egg, & Cheese Tornados 100% Fruit Juice	26 Bagel and Cream Cheese Apple Slices	27 French Toast Sticks 100% Fruit Juice
30  Memorial DAY	31 Sausage, Egg, & Cheese Breakfast Sandwich Applesauce	 <p>Follow us on Facebook at RSU 23 Food & Nutrition Services</p>		

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