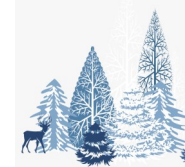


Available Daily:
-Assorted Cereal & Cheese Stick



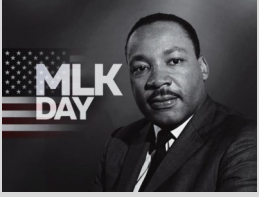

Old Orchard Beach High School

January Breakfast Menu



Milks Choices:
1% Milk
Skim Milk
Chocolate Milk

(selections may vary by day)

<p>3 Assorted Muffins 100% Fruit Juice</p>	<p>4 Sausage or Bacon, Egg, & Cheese Breakfast Sandwich Applesauce</p>	<p>5 Sausage, Egg, & Cheese Tornados 100% Fruit Juice</p>	<p>6 Bagel & Cream Cheese Apple Slices</p>	<p>7 French Toast Sticks 100% Fruit Juice</p>
<p>10 Assorted Muffins 100% Fruit Juice</p>	<p>11 Sausage or Bacon, Egg, & Cheese Breakfast Sandwich Applesauce</p>	<p>12 Sausage, Egg, & Cheese Tornados 100% Fruit Juice</p>	<p>13 Bagel & Cream Cheese Apple Slices</p>	<p>14 French Toast Sticks 100% Fruit Juice</p>
<p>17 </p>	<p>18 Sausage or Bacon, Egg, & Cheese Breakfast Sandwich Applesauce</p>	<p>19 Sausage, Egg, & Cheese Tornados 100% Fruit Juice</p>	<p>20 Bagel & Cream Cheese Apple Slices</p>	<p>21 French Toast Sticks 100% Fruit Juice</p>
<p>24 Assorted Muffins 100% Fruit Juice</p>	<p>25 Sausage or Bacon, Egg, & Cheese Breakfast Sandwich Applesauce</p>	<p>26 Sausage, Egg, & Cheese Tornados 100% Fruit Juice</p>	<p>27 Bagel & Cream Cheese Apple Slices</p>	<p>28 French Toast Sticks 100% Fruit Juice</p>
<p>31 Assorted Muffins 100% Fruit Juice</p>	<div style="text-align: center;">  <p><i>Follow us on Facebook at RSU 23 Food & Nutrition Services</i></p> </div>			

This institution is an equal opportunity
employer.

Menu is subject to change.