



# Jameson Elementary School

## November Breakfast Menu



Milks Choices:  
1% Milk  
Skim Milk  
(selections may vary by day)

1 Corn Muffins Diced Pears	2 Banana Bread Sliced Apples	3 Pancake Wrapped Sausage 100% Fruit Juice	4 Apple Cinnamon Muffins Applesauce	5 Mini Maple Pancakes 100% Fruit Juice
8 Assorted Cereal Cheese Stick 100% Fruit Juice	9 French Toast Sticks Applesauce	10 UBR Breakfast Bar Diced Peaches	11 	12 Banana Chocolate Chip Breakfast Bar Sliced Apples
15 Mini Cinnis Diced Peaches	16 Homemade Whole Grain Muffins Yogurt 100% Fruit Juice	17 Egg & Cheese Breakfast Sandwiches Applesauce	18 Breakfast Pizza 100% Fruit Juice	19 Mini Maple Waffles Sliced Apples
22 Cinnamon Raisin Bagel with Cream Cheese 100% Fruit Juice	23 Nutrigrain Bar Yogurt Diced Peaches	24  No School	25 	26  No School
29 French Toast Breakfast Bar Diced Peaches	30 Sausage Egg & Cheese Breakfast Sandwich 100% Fruit Juice	29 Make Your Own Parfait: Yogurt Granola Strawberries	30 Bagel & Cream Cheese Applesauce	Follow us on Facebook at RSU 23 Food & Nutrition Services 

This institution is an equal opportunity employer.

Menu is subject to change.