





Old Orchard Beach High School

November Breakfast Menu



Milks Choices:
 1% Milk
 Skim Milk
 (selections may vary by day)

1 Assorted Muffins 100% Fruit Juice	2 Election Day No School Grades 9-12	3 Pancake Wrapped Sausage 100% Fruit Juice	4 Bagel & Cream Cheese Applesauce	5 French Toast Sticks 100% Fruit Juice
8 Assorted Muffins 100% Fruit Juice	9 Bacon or Sausage, Egg, and Cheese Breakfast Sandwich Applesauce	10 Pancake Wrapped Sausage 100% Fruit Juice	11 	12 French Toast Sticks 100% Fruit Juice
15 Assorted Muffins 100% Fruit Juice	16 Bacon or Sausage, Egg, and Cheese Breakfast Sandwich Applesauce	17 Pancake Wrapped Sausage 100% Fruit Juice	18 Bagel & Cream Cheese Applesauce	19 French Toast Sticks 100% Fruit Juice
22 Assorted Muffins 100% Fruit Juice	23 Bacon or Sausage, Egg, and Cheese Breakfast Sandwich Applesauce	24 No School	25 	26 No School
29 Assorted Muffins 100% Fruit Juice	30 Bacon or Sausage, Egg, and Cheese Breakfast Sandwich Applesauce	29 Pancake Wrapped Sausage 100% Fruit Juice	30 Bagel & Cream Cheese Applesauce	Follow us on Facebook at RSU 23 Food & Nutrition Services 

This institution is an equal opportunity employer.

Menu is subject to change.