

Available Daily:
 -Yogurt & Cheese
 -Baby Carrots
 Stick with Homemade
 Granola
 -Chicken Patty Sandwich



Loranger Memorial School





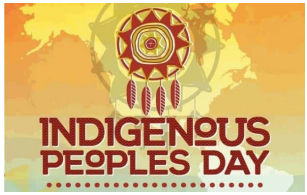





Milks Choices:
 1% Milk
 Skim Milk
 Chocolate Milk
 (selections may vary by day)

October Lunch Menu



October's Harvest of the Month is Maine Apples!



<p>4 Garlic Parmesan Flatbread Cucumbers Mixed Fruit</p>	<p>5 Chicken Tenders with Biscuit Santa Fe Black Beans Grapes</p>	<p>6 EARLY RELEASE DAY Bosco Sticks Carrots Maine Apples  </p>	<p>7 Meatball Subs Steamed Peas Watermelon</p>	<p>1 Mini Cheese Ravioli with a Breadstick Fresh Broccoli with Dip Fresh Pears</p>
<p>11 </p>	<p>12 Cheeseburger or Hamburger Fresh Green Beans Maine Apples  </p>	<p>13 BRUNCH FOR LUNCH Cheese Omelet or Sausage with French Toast Sticks Hash Browns Orange Slices</p>	<p>14 Cheese Bites with Marinara Side Salad with Cherry Tomatoes Strawberries</p>	<p>15 Chicken and Waffles Steamed Carrots Diced Pears</p>
<p>18 Grilled Cheese Tomato Soup Diced Peaches</p>	<p>19 Macaroni and Cheese with a Dinner Roll Roasted Chickpeas Kiwi Slices</p>	<p>20 Orange Chicken with Fried Rice Steamed Peas Mixed Fruit</p>	<p>21 BBQ Chicken with Cornbread Cucumbers Cantaloupe</p>	<p>22 Big Daddy's Pizza Steamed Broccoli Bananas</p>
<p>25 Hot Dogs Baked Sweet Potato Fries Maine Apples  </p>	<p>26 Baked Mozzarella Sticks with Marinara Green Beans Diced Peaches</p>	<p>27 Popcorn Chicken with a Soft Pretzel Corn Diced Pears</p>	<p>28 TACO DAY! Ground Beef Tacos with Brown Rice Refried Beans Orange Slices</p>	<p>29 Chicken Nuggets with a Breadstick Fresh Broccoli with Dip Fresh Pears *Halloween treat with each lunch*</p> 

This institution is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar Salad	Ranch Chicken BLT Salad	Buffalo Chicken Salad	Harvest Salad	Southwest Black Bean Salad

Menu is subject to change.