

Loranger Memorial School

October Breakfast Menu



Milks Choices: 1% Milk Skim Milk

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Like us on Facebook at RSU 23 Food & Nutrition Services for menu updates and more!				l Pumpkin Bread Sliced Apples
4 Corn Muffins Diced Peaches	5 Banana Bread Sliced Apples	6 Pancake Wrapped Sausage 100% Fruit Juice	7 Apple Cinnamon Muffins Applesauce	8 Mini Maple Pancakes 100% Fruit Juice
INDIGENOUS PEOPLES DAY	12 Assorted Cereal Cheese Stick 100% Fruit Juice	13 French Toast Sticks Applesauce	14 Egg & Cheese Breakfast Sandwiches 100% Fruit Juice	15 Banana Chocolate Chip Breakfast Bars Sliced Apples
18 Mini Cinnis Diced Peaches	19 Homemade Whole Grain Muffins Yogurt 100% Fruit Juice	20 UBR Breakfast Bar Applesauce	21 Breakfast Pizza 100% Fruit Juice	22 Mini Maple Waffles Sliced Apples
25 French Toast Breakfast Bar Diced Peaches	26 Sausage, Egg & Cheese Breakfast Sandwich 100% Fruit Juice	27 Make Your Own Parfait with Yogurt, Homemade Granola, and Strawberries!	28 Bagel & Cream Cheese Applesauce	29 Pumpkin Bread Sliced Apples