RSU 23
Old Orchard Beach School Department
40 E. Emerson Cummings Blvd. Old Orchard Beach Maine 04064
(207) 934-5751 Fax (207) 934-1917
www.rsu23.org

April 14, 2021

Dear RSU 23 Community,

As April vacation approaches we encourage our staff and families to know the risks and the requirements for travel, and to communicate with our RSU 23 Health Team if you are traveling so that our schools can continue to operate safely. Questions can be directed to our school nurses by phone or email, Sarah Burnham, 934-4461 Ext. 1503, sburnham@rsu23.org. or Karen Michaud, 934-4848 Ext. 1103, kmichaud@rsu23.org. Currently the CDC recommends delaying travel until you are fully vaccinated, because travel increases your chance of getting and spreading COVID-19. In accordance with State and Federal CDC travel guidelines, the following travel requirements are currently in place:

Domestic Travel (Within the 50 United States and US Territories: Guam, US Virgin Islands, Puerto Rico):

- **Non Exempt States Travelers who are fully vaccinated or have tested positive for Covid-19 within 90 days (3 months):** No testing & no quarantine. Continue to screen for symptoms.
  - **All other travelers:** Test within 72 hours after returning to Maine. Quarantine must be maintained until negative test results are completed.
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- **Exempt States** (New Hampshire, Massachusetts, Vermont, Connecticut & Rhode Island):
  - **Travelers who are fully vaccinated or have tested positive for Covid-19 within 90 days (3 months):** No testing & no quarantine. Continue to screen for symptoms.
  - **All Other Travelers:** No testing & no quarantine. Continue to screen for symptoms.

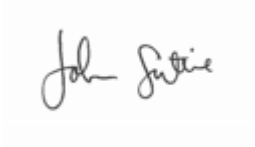
International Travel (Canada and Mexico included):

- **Travelers who are fully vaccinated:** Quarantine is not required unless you are experiencing symptoms. Testing is required 3-5 days after arrival in the US. Continue to screen for symptoms.

- **All Other Travelers:**
  - Mandatory 7-day quarantine with negative test results from a COVID-19 test between 3-5 days after arrival.Continue to screen for symptoms.
  - Mandatory 10-day quarantine without testing. Continue to screen for symptoms.

Additional travel information can be located by accessing the Centers For Disease Control and Prevention Travel Page (Linked) and State of Maine Travel & FAQ Page (Linked). Please continue to follow best practice safety protocols: wear a mask, keep physical distance, wash your hands and monitor for symptoms, and help protect our schools and neighbors.

Sincerely,



John Suttie, RSU 23 Superintendent of Schools