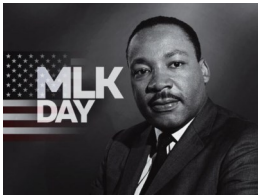


RSU 23 Remote Learners

January Breakfast Menu

4 Apple Cinnamon Muffin Fruit of the Day	5 Breakfast Pizza Fruit of the Day	6 PICK UP @ LMS 9:15- 10 Banana Chocolate Chip Breakfast Bar Fruit of the Day	7 Bagel & Cream Cheese Fruit of the Day	8 Blueberry Muffin Fruit of the Day
11 UBR Bar Fruit of the Day	12 Banana Bread Fruit of the Day	13 PICK UP @ LMS 9:15-10 Corn Muffins Fruit of the Day	14 Assorted Cereal Danimals Yogurt Fruit of the Day	15 Whole Grain Blueberry Muffin Tops String Cheese Fruit of the Day
18 	19 French Toast Sticks Fruit of the Day	20 PICK UP @ LMS 9:15-10 Blueberry Breakfast Bar Fruit of the Day	21 Egg & Cheese Breakfast Sandwich Fruit of the Day	22 Mini Maple Pancakes Fruit of the Day
25 Mini Cinnis Fruit of the Day	26 Nutrigrain Bar Danimals Yogurt Fruit of the Day	27 PICK UP @ LMS 9:15-10 Banana Chocolate Chip Breakfast Bar Fruit of the Day	28 Bagel & Cream Cheese Fruit of the Day	29 Breakfast Pizza Fruit of the Day

Like us on Facebook at RSU 23 Food & Nutrition Services
for menu updates and more!



MEALS ARE FREE ALL YEAR FOR ALL STUDENTS!