



RSU #23
Old Orchard Beach School Department
40 E. Emerson Cummings Blvd
Old Orchard Beach, Maine 04064
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www.rsu23.org

December 1, 2020

Dear Staff, Students, and Families,

This letter is to inform you that an individual associated with Old Orchard Beach High School recently tested positive for Coronavirus Disease 2019 (COVID-19). We have initiated our health and safety protocols and a **Maine CDC or a school representative will contact you directly if you are identified as a close contact of someone who tested positive.** We urge everyone to continue to diligently observe our health and safety protocols – wear masks, wash hands and practice physical distancing – and to continue to monitor your students and yourselves for symptoms. Call a health care provider if symptoms start and it is important that you call a healthcare facility before you show up in person. Stay home if you are sick.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

Questions for the school can be directed at can be directed to our school nurses, Sarah Burnham, by calling 934-4461 Ext. 1503, sburnham@rsu23.org or Karen Michaud, 934-4848 Ext. 1103, kmichaud@rsu23.org. For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org. Call a health care provider for questions about your symptoms. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Sincerely,

John Suttie, RSU 23 Superintendent of Schools