




# RSU 23 Remote Learners

## November Lunch Menu



PICK UP @ JES 9-9:10	PICK UP @ JES 9-9:10	PICK UP @ LMS 9:15- 10	PICK UP @ JES 9-9:10	PICK UP @ JES 9-9:10
<b>2 BRUNCH FOR LUNCH</b> French Toast Sticks with Sausage Fruit of the Day Vegetable of the Day	<b>3</b> Popcorn Chicken with Dinner Roll Fruit of the Day Veggie of the Day	<b>4</b> Ham Italian Veggie of the Day Fruit of the Day	<b>5</b> Chicken Patties Fruit of the Day Vegetable of the Day	<b>6</b> Big Daddy's Pizza Fruit of the Day Vegetable of the Day
<b>9</b> Cheese Bites with Marinara Fruit of the Day Vegetable of the Day	<b>10</b> Chicken & Waffles Fruit of the Day Vegetable of the Day	<b>11</b> 	<b>12</b> Mozzarella Sticks Fruit of the Day Vegetable of the Day	<b>13</b> Chicken Tenders with Biscuit Fruit of the Day Vegetable of the Day
<b>16</b> Chicken Patties Fruit of the Day Vegetable of the Day	<b>17</b> Macaroni and Cheese with a Dinner Roll Fruit of the Day Vegetable of the Day	<b>18</b> Bagel Snack Pack Veggie of the Day Fruit of the Day	<b>19</b> Chicken Nuggets with a Breadstick Fruit of the Day Vegetable of the Day	<b>20 THANKSGIVING DINNER</b> Roasted Turkey with Gravy Dinner Roll Stuffing Mashed Potatoes Garlic Roasted Green Beans Cranberry Sauce Homemade Apple Crisp
<b>23</b> Garlic Parmesan Flatbread Fruit of the Day Vegetable of the Day	<b>24</b> Bosco Sticks Fruit of the Day Vegetable of the Day	<b>25</b> No School	<b>26</b> 	<b>27</b> No School
<b>30</b> Hot Dogs Fruit of the Day Vegetable of the Day		PLEASE RESERVE MEALS BY 3PM FRIDAY FOR THE NEXT WEEK BY EMAILING <a href="mailto:CTRINDER@RSU23.ORG">CTRINDER@RSU23.ORG</a>	 	<b>November's Harvest of the Month is Maine Brassicas!</b> (think Cauliflower & Broccoli)

This institution is an equal opportunity employer.

# MEALS ARE FREE ALL YEAR FOR ALL STUDENTS!