



# Old Orchard Beach High School

## November Breakfast Menu



2 Assorted Muffins Fruit or 100% Fruit Juice	3 <b>ELECTION DAY- NO SCHOOL HIGH SCHOOL ONLY</b>	4 PICK UP @ LMS 9:15- 10 Apple Cinnamon Muffins Fruit or 100% Fruit Juice	5 Donut Holes Fruit or 100% Fruit Juice	6 French Toast Sticks Fruit or 100% Fruit Juice
9 Assorted Muffins Fruit or 100% Fruit Juice	10 Egg, Cheese, & Sausage or Bacon Sandwich Fruit or 100% Fruit Juice	11 	12 Donut Holes Fruit or 100% Fruit Juice	13 French Toast Sticks Fruit or 100% Fruit Juice
16 Assorted Muffins Fruit or 100% Fruit Juice	17 Egg, Cheese, & Sausage or Bacon Sandwich Fruit or 100% Fruit Juice	18 PICK UP @ LMS 9:15-10 Banana Bread Fruit or 100% Fruit Juice	19 Donut Holes Fruit or 100% Fruit Juice	20 French Toast Sticks Fruit or 100% Fruit Juice
23 Assorted Muffins Fruit or 100% Fruit Juice	24 Egg, Cheese, & Sausage or Bacon Sandwich Fruit or 100% Fruit Juice	25 No School	26 	27 No School
30 Assorted Muffins Fruit or 100% Fruit Juice	<div style="border: 1px solid black; padding: 5px;">All breakfasts are served with 1% Oakhurst Milk</div>			Like us on Facebook at RSU 23 Food & Nutrition Services for menu updates and more!

### MEALS ARE FREE ALL YEAR FOR ALL STUDENTS!