


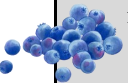



# Old Orchard Beach High School

## May Lunch Menu

Available Daily:  
 -Yogurt & Cheese -Baby Carrots  
 -Stick with Homemade -Fresh Apples  
 -Granola -Applesauce  
 -Chicken Patty -Salad Bar

Milks Choices:  
 1% Milk  
 Skim Milk  
 Chocolate Milk  
 (selections may vary)

SCHOOL LUNCH HERO DAY

|   |   |  |  |   |
|---|---|--|--|---|
|    | <p>This month's Harvest of the Month is Maine Blueberries! Check the menu for our blueberry icon to see what fun treats we've made with blueberries!</p>               | <p><b>1 EARLY RELEASE</b><br/>                 Bosco Sticks<br/>                 Carrots<br/>                 Cucumbers<br/>                 Fresh Apples</p>  | <p><b>2</b><br/>                 Personal Pizza<br/>                 Chicken Parmesan Sandwich<br/>                 Fiesta Lime Corn<br/>                 Diced Peaches</p>                | <p><b>3</b><br/>                 Chicken Nuggets with a Dinner Roll<br/>                 Bosco Sticks with Marinara<br/>                 Steamed Broccoli<br/>                 Pineapple Tidbits</p>  |
| <p><b>6</b><br/>                 Chicken &amp; Waffles<br/>                 Cheese Pizza<br/>                 Mashed Potatoes<br/>                 Diced Pears</p>  | <p><b>7 BRUNCH FOR LUNCH!</b><br/>                 French Toast Sticks with Sausage or Scrambled Eggs<br/>                 Chicken Strip Basket<br/>                 Hash Brown Rounds<br/>                 Celery<br/>                 Mixed Fruit</p> | <p><b>8</b><br/>                 Mini Cheese Ravioli with Marinara &amp; Breadstick<br/>                 Chicken Parmesan Sandwich<br/>                 Cherry Tomatoes<br/>                 Blueberry Crisp</p>  | <p><b>9</b><br/>                 Cheesy Spaghetti Bake with a Dinner Roll<br/>                 Pepperoni Pizza<br/>                 Steamed Broccoli<br/>                 Strawberries</p> | <p><b>10</b><br/>                 Chicken Tenders with Biscuit<br/>                 Bosco Sticks with Marinara<br/>                 Baked Beans<br/>                 Oranges</p>                      |
| <p><b>13</b><br/>                 Turkey Italian<br/>                 Cheese Pizza<br/>                 Potato Smiles<br/>                 Diced Pears<br/>                 *Free cookie with meal purchase!*</p> | <p><b>14 TACO TUESDAY!</b><br/>                 Ground Beef Tacos with Brown Rice<br/>                 Chicken Strip Basket<br/>                 Refried Beans<br/>                 Mixed Fruit</p>   | <p><b>15</b><br/>                 Hot Dog<br/>                 Chicken Parmesan Sandwich<br/>                 Sweet Potato Crinkle Fries<br/>                 Fresh Broccoli<br/>                 Craisins</p>   | <p><b>16</b><br/>                 French Bread Pizza<br/>                 Pepperoni Pizza<br/>                 Green Beans<br/>                 Diced Peaches</p>                          | <p><b>17</b><br/>                 General Tso's Chicken with Rice<br/>                 Bosco Sticks with Marinara<br/>                 Mashed Potatoes<br/>                 Bananas</p>               |
| <p><b>20</b><br/>                 Popcorn Chicken with Soft Baked Pretzel<br/>                 Cheese Pizza<br/>                 Steamed Broccoli<br/>                 Diced Pears</p>                            | <p><b>21</b><br/>                 Cheeseburger or Hamburger<br/>                 Chicken Strip Basket<br/>                 Roasted Chickpeas<br/>                 Mixed Fruit</p>   | <p><b>22</b><br/>                 Turkey &amp; Gravy over a Biscuit<br/>                 Chicken Parmesan Sandwich<br/>                 Mashed Potatoes<br/>                 Corn on the Cob<br/>                 Diced Peaches</p>  | <p><b>23</b><br/>                 Shepherd's Pie with a Biscuit<br/>                 Pepperoni Pizza<br/>                 Red Pepper Strips<br/>                 Oranges</p>               | <p><b>24</b><br/>                 Big Daddy's Pizza<br/>                 Bosco Sticks w/ Marinara<br/>                 Green Beans<br/>                 Banana</p>                                    |
| <p><b>27</b><br/> </p>   | <p><b>28</b><br/>                 Macaroni and Cheese with a Dinner Roll<br/>                 Chicken Strip Basket<br/>                 Santa Fe Black Beans<br/>                 Mixed Fruit</p>   | <p><b>29</b><br/>                 Spicy Chicken Tenders<br/>                 Chicken Parmesan Sandwich<br/>                 Cucumbers<br/>                 Blueberry &amp; Watermelon Cup</p>                   | <p><b>30</b><br/>                 Meatball Sub<br/>                 Pepperoni Pizza<br/>                 Steamed Broccoli<br/>                 Oranges</p>                                 | <p><b>31</b><br/>                 Chicken Nuggets with a Dinner Roll<br/>                 Bosco Sticks with Marinara<br/>                 Fiesta Lime Corn<br/>                 Pineapple Tidbits</p> |

Entrée Salad of the Day:

|                |                            |            |             |              |
|----------------|----------------------------|------------|-------------|--------------|
| Monday         | Tuesday                    | Wednesday  | Thursday    | Friday       |
| Chicken Caesar | Ranch Chicken<br>BLT Salad | Cobb Salad | Greek Salad | Spring Salad |