

# Old Orchard Beach High School

## March Lunch Menu

Available Daily:  
 -Yogurt & Cheese -Baby Carrots  
 -Stick with Homemade -Fresh Apples  
 -Granola -Applesauce  
 -Chicken Patty -Salad Bar

Milks Choices:  
 1% Milk  
 Skim Milk  
 Chocolate Milk  
 (selections may vary by day)

### March is National Nutrition Month



				1 Chicken Nuggets with a Dinner Roll Bosco Sticks w/ Marinara Cucumbers Pineapple Tidbits
4 Tangerine Chicken with Brown Rice Cheese Pizza Steamed Carrots Diced Pears <i>*Free cookie with meal purchase!*</i>	5 BRUNCK FOR LUNCH! French Toast Sticks with Sausage or Cheese Omelet Chicken Strip Basket Hash Brown Rounds Celery Mixed Fruit	6 EARLY RELEASE Bosco Sticks Carrots Fresh Apples	7 Cheesy Spaghetti Bake with a Dinner Roll Pepperoni Pizza Steamed Broccoli Strawberries	8 Chicken Tenders w/ Biscuit Bosco Sticks w/ Marinara Baked Beans Oranges
11 Turkey Italian Cheese Pizza Potato Smiles Diced Pears	12 French Bread Pizza with Marinara Chicken Strip Basket Green Beans Mixed Fruit	13 Hot Dog Chicken Parmesan Sandwich Sweet Potato Crinkle Fries Fresh Broccoli Craisins	14 TACO DAY! Ground Beef Tacos with Brown Rice Pepperoni Pizza Refried Beans Diced Peaches	15 General Tso's Chicken w/ Rice Bosco Sticks w/ Marinara Mashed Potatoes Bananas
18 Popcorn Chicken with Dinner Roll Cheese Pizza Steamed Broccoli Diced Pears	19 Cheeseburger or Hamburger Chicken Strip Basket Roasted Chickpeas Mixed Fruit	20 BBQ Chicken Chicken Parmesan Sandwich Mashed Potatoes Corn on the Cob Diced Peaches	21 Shepherd's Pie Pepperoni Pizza Steamed Carrots Oranges	22 Big Daddy's Pizza Bosco Sticks w/ Marinara Green Beans Banana
25 Grilled Cheese Cheese Pizza Tomato Soup Diced Pears	26 Macaroni and Cheese with a Dinner Roll Chicken Strip Basket Santa Fe Black Beans Mixed Fruit	27 Personal Pizza Chicken Parmesan Sandwich Fiesta Lime Corn Diced Peaches	28 Meatball Sub Pepperoni Pizza Steamed Broccoli Oranges	29 Chicken Nuggets with a Dinner Roll Bosco Sticks w/ Marinara Cucumbers Pineapple Tidbits

*Entrée Salad of the Day*

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar	Ranch Chicken BLT Salad	Cobb Salad	Greek Salad	Harvest Salad