

Old Orchard Beach High School


January Lunch Menu

Available Daily:

- Yogurt & Cheese
- Baby Carrots
- Stick with Homemade
- Fresh Apples
- Granola
- Applesauce
- Chicken Patty
- Salad Bar

Milks Choices:

- 1% Milk
- Skim Milk
- Chocolate Milk
- (selections may vary by day)

		2 Personal Pizza Chicken Parmesan Sandwich Corn Diced Peaches	3 Meatball Sub Pepperoni Pizza Fresh Broccoli Mixed Fruit	4 Chicken Nuggets with a Dinner Roll Bosco Sticks Butternut Squash Pineapple Tidbits
7 Teriyaki Chicken with Brown Rice Cheese Pizza Steamed Carrots Diced Pears *Free cookie with meal purchase!*	8 BRUNCK FOR LUNCH! French Toast Sticks with Sausage or Cheese Omelet Chicken Strip Basket Hash Brown Rounds Celery Mixed Fruit	9 EARLY RELEASE Bosco Sticks Carrots Fresh Apples	10 Cheesy Spaghetti Bake with a Dinner Roll Pepperoni Pizza Steamed Broccoli Strawberry Cups	11 Chicken Tenders w/ Biscuit Bosco Sticks w/ Marinara Baked Beans Oranges
14 Turkey Italian Cheese Pizza Peas Diced Pears	15 French Bread Pizza with Marinara Chicken Strip Basket Green Beans Mixed Fruit	16 TACO DAY! Ground Beef Tacos with Brown Rice Chicken Parmesan Sandwich Refried Beans Diced Peaches	17 Hot Dog Pepperoni Pizza Sweet Potato Crinkle Fries Blueberry Crisp Craisins	18 Go Fish Basket with Fish Nuggets and Goldfish Bosco Sticks Mashed Potatoes Bananas
21 	22 Cheeseburger or Hamburger Chicken Strip Basket Steamed Broccoli Mixed Berry Cups	23 Chicken Enchiladas Chicken Parmesan Sandwich Refried Beans Corn Diced Peaches	24 Popcorn Chicken with Dinner Roll Pepperoni Pizza Smile Fries Orange	25 Big Daddy's Pizza Bosco Sticks Green Beans Banana
28 Grilled Cheese Cheese Pizza Tomato Soup Diced Pears	39 Macaroni and Cheese with a Dinner Roll Chicken Strip Basket Santa Fe Black Beans Mixed Fruit	30 Personal Pizza Chicken Parmesan Sandwich Corn Diced Peaches	31 Meatball Sub Pepperoni Pizza Fresh Broccoli Mixed Fruit	

Entrée Salad of the Day

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Caesar	Ranch Chicken	Cobb Salad	Greek Salad	Harvest Salad